



# Holland Park Family Dental Practice

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11 May 2020

## Holland Park Family Dental COVID Safe Plan

As part of our Holland Park Family Dental community your safety remains our highest priority.

On Friday 8 May, a [national three step plan](#) to relax coronavirus restrictions was announced.

A formal statement of advice from the AHPPC (the key decision-making committee for health emergencies) has been delivered to ease dental restrictions to Level 1, and this advice has been adopted by the Dental Board of Australia, the regulator for practicing dentists.

Under level 1 restrictions, all dental treatments using standard precautions for people who do not meet epidemiological or clinical risk factors for COVID-19 infection transmission are permitted.

We are pleased to announce that we will be providing our full scope of dental services effective from Monday 11 May, complying with the Dental Board recommendations.

In addition to our already-strict hygiene protocols, and to ensure that we minimize the risk of spreading infection, we will continue to have **additional measures** in place:

- It is policy of our practice moving forward to have an updated Medical History signed every 12mths, so you will receive an email either at the time of booking your appointment, or soon thereafter to fill in and return electronically (paper copies can be filled in for those with no email)
- Increased daytime cleaning of all high-frequency touchpoints (benches, door handles, pens etc) in our waiting room and common areas, with the careful use of a TGA approved disinfectant that will kill the SARS-CoV-2 (COVID-19) virus on all surfaces
- Magazines and toys have been removed from the waiting room area and chairs spaced further apart to continue to adhere to social distancing recommendations
- We recommend that you attend alone or bring minimal additional accompanying persons to your appointment to aid in social distancing in the waiting and reception areas
- When you arrive, if you are happy to sit in your car to wait for your appointment, let us know and we can

give you a call when we are ready to see you

- We ask you to wash your hands with soap and water, for at least 20 seconds, upon entering and leaving our practice. Hand sanitizer is also available for use.
- We ask you to practice good cough/sneeze etiquette by keeping away from other people, using disposable tissues or clothing (e.g. into your elbow), disposing of the tissues and cleaning your hands immediately afterwards with soap and water
- Prior to commencing treatment in the surgery, we will ask you to undertake a 20-30 second pre-procedural mouth rinse (for patients 6 years and older)
- Vulnerable people should continue to stay home where possible

We kindly ask that you **call and reschedule your appointment if:**

- You are feeling unwell, or have a temperature/fever
- You are experiencing any respiratory symptoms, including a cough/shortness of breath or a cold/flu/runny nose
- You have been in contact with someone diagnosed with or testing for COVID-19 infection

Your privacy will be respected in all circumstances.

We are pleased to be able to provide our full scope of dental treatment moving forward, and if you have any questions or concerns we will be happy to provide you with further information.

Further information:

- For non-urgent medical assistance, call healthdirect on 1800 022 222  
<https://www.healthdirect.gov.au/how-healthdirect-can-help-you>
- More information on the COVID-19 health alert visit the Australian Government Department of Health website on: <https://www.health.gov.au/>
- Coronavirus updates visit the Australian Government website: <https://www.australia.gov.au/>
- Call the National Coronavirus Line on 1800 020 080 for information and advice
- Roadmap to a COVID safe Australia: <https://www.pm.gov.au/sites/default/files/files/covid-safe-australia-roadmap.pdf> or <https://www.pm.gov.au/sites/default/files/files/three-step-framework-covidsafe-australia.pdf>

Kind Regards,

*Cathy Findlay and Michael Cooke and our dental team*

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